

CHIROPRACTIC ADJUSTMENTS ARE GREAT AT ANY AGE AND DR. NICK NOVAKOSKI, OWNER OF NOVA CHIROPRACTIC, CAN PROVE IT.

Fifteen minutes after his son was born **Dr. Nick** gave him an adjustment. "A lot of times people think chiropractic care is specifically just for pain. However, there's a lot more behind the scenes that chiropractic can do." **Charlotte Jacques, Office Manager**, said. Having chiropractic adjustments can improve pain, mobility, and function. There are different types of techniques used at Nova to give clients adjustments depending upon their individual needs. "So there's different techniques that they do specifically with pregnant women.

He has a specific technique called **Webster Certified**, a specific kind of adjustment for pregnant patients." Jacques said.

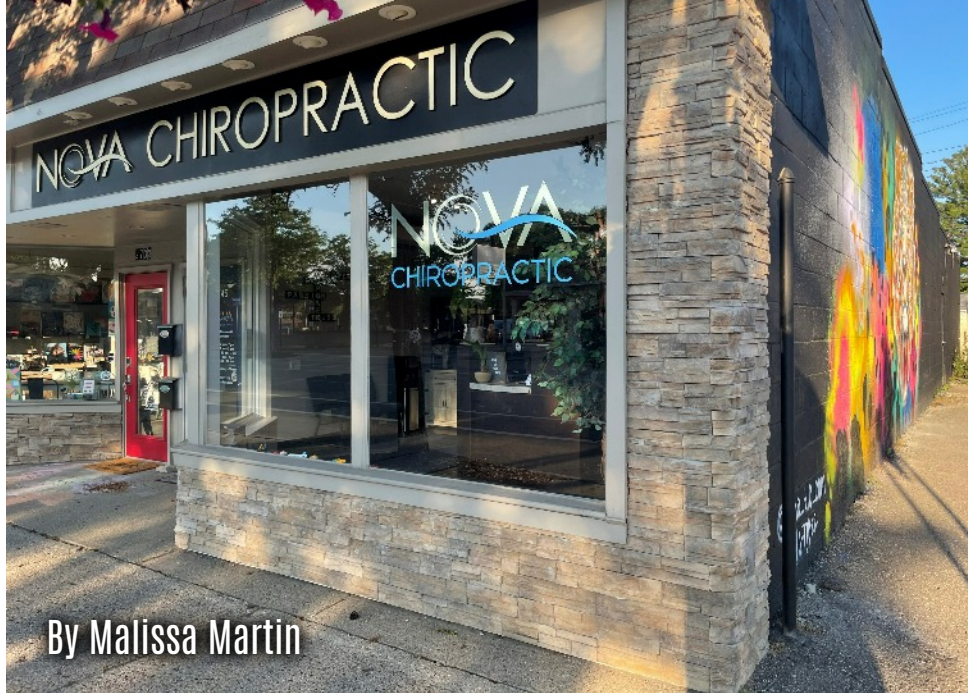
Dr. Nick opened **Nova Chiropractic** in November 2017. He works alongside two other chiropractors, **Dr. Carlyn Molloseau** and **Dr. Megan Lambert**. Three staff members (including Jacques) also work at Nova. The entire staff works to create a friendly and welcoming

environment for their patients. "We like to have that personalized relationship with people, while Dr. Nick also creates personalized care plans for each individual patient based off of their specific symptoms and issues that they're coming in for."

When clients walk into Nova they're first greeted by Milo,

a 7-year-old cockapoo. He's been with the office a long time and brings calmness to nervous clients. "Dr. Nick got him (Milo) purposefully for the clinic because he's hypoallergenic. He's also gone through...a lot of training because we like people, again, to feel that comfort." Jacques said. The staff think of themselves as family and their clients family as well.

NOVA CHIROPRACTIC SERVICES CLIENTS, AT ANY AGE, WITH ALL TYPES OF AILMENTS. "We see everybody. We see all ages." Jacques said. Dr. Nick and staff provide family chiropractic services including pregnancy, wellness care, and chiropractic care for kids. They also provide care for spine-related ailments, injuries, extremities, and vertigo. He works on babies when it comes to helping them in their growth mode. He does cranial work that helps people with headaches, allergies, stress relievers, and more. There's no insurance requirement for services, although Nova does take some insurances. Customers can also pay cash or sign up for a package plan.



By Malissa Martin

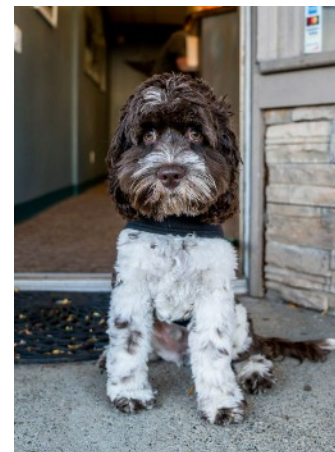
Berkley is the perfect city for Nova because it's a close-knit community. Many businesses connect with each other giving customers that sense of community when they shop in Berkley.

"We're right next door to Royal Oak. So there's the excitement of Royal Oak, but there's that small town feel right next door in Berkley. We're close with almost all the businesses down 12 Mile and Coolidge and it's a community. We all come together and work towards the same goal which is for people to be happy." Jacques said. The city reflects the kindness of the Nova office employees and that warmth transfers to the clients. The goal of Nova is to provide quality care that improves one's life. "We're here to help others on their health journey. We like to view our patients as a story, and when it comes to their story we just want to be a part of that story to help them on their journey. It's all about them, not about us; about them." Jacques said.

Chiropractic care can improve anyone's life and help with ailments from mobility to headaches.

Dr. Nick and his team are ready and knowledgeable in various chiropractic techniques to help people; even pregnant mothers. You'll be greeted by Milo and taken care of by some of Berkley's finest chiropractic doctors. ■

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